

BOLDERBOULDER

2019 Qualifying Times
Waves A through FC (times must be run since 5/28/2018)

WAVE	10K	5K	Marathon	1/2 Mar	10 Mile	15K	9 Mile	12K	6 Mile	9K	5 Mile	8K	7K	4 Mile	6K	2 Mile	WAVE
A	38:00	18:20	2:55:34	1:24:05	1:02:57	58:25	56:16	46:05	36:38	34:01	30:14	30:03	26:07	23:55	22:13	11:26	A
AA	41:05	19:50	3:09:41	1:31:01	1:08:09	1:03:13	1:00:54	49:51	39:37	36:47	32:42	32:30	28:15	25:52	24:01	12:24	AA
AB	43:10	20:50	3:19:08	1:35:42	1:11:39	1:06:28	1:04:02	52:24	41:38	38:39	34:21	34:09	29:40	27:10	25:14	13:02	AB
B	44:40	21:34	3:25:55	1:39:04	1:14:10	1:08:48	1:06:17	54:14	43:05	40:00	35:33	35:20	30:42	28:07	26:07	13:30	B
BA	45:50	22:07	3:31:09	1:41:40	1:16:07	1:10:37	1:08:01	55:40	44:12	41:02	36:28	36:15	31:30	28:51	26:47	13:52	BA
BB	46:55	22:39	3:36:00	1:44:05	1:17:56	1:12:18	1:09:38	56:59	45:15	42:00	37:20	37:06	32:14	29:31	27:25	14:12	BB
C	47:45	23:03	3:39:43	1:45:56	1:19:20	1:13:35	1:10:53	0:58:00	46:03	42:45	37:59	37:45	32:48	30:03	27:54	14:27	C
CA	48:45	23:31	3:44:09	1:48:10	1:21:00	1:15:08	1:12:23	0:59:13	47:01	43:39	38:47	38:33	33:29	30:40	28:29	14:45	CA
CB	49:35	23:55	3:47:51	1:50:01	1:22:24	1:16:26	1:13:37	1:00:14	47:49	44:23	39:26	39:12	34:03	31:11	28:58	15:01	CB
CC	50:25	24:19	3:51:31	1:51:51	1:23:47	1:17:43	1:14:52	1:01:15	48:37	45:08	40:06	39:51	34:37	31:42	29:27	15:16	CC
D	51:20	24:46	3:55:33	1:53:53	1:25:18	1:19:08	1:16:14	1:02:22	49:30	45:57	40:49	40:34	35:15	32:17	29:59	15:33	D
DA	52:05	25:07	3:58:51	1:55:32	1:26:33	1:20:17	1:17:21	1:03:17	50:13	46:37	41:25	41:10	35:46	32:45	30:25	15:47	DA
DB	52:35	25:21	4:01:02	1:56:38	1:27:23	1:21:04	1:18:05	1:03:53	50:42	47:04	41:49	41:33	36:06	33:03	30:42	15:56	DB
DC	53:05	25:36	4:03:13	1:57:44	1:28:13	1:21:50	1:18:50	1:04:29	51:11	47:30	42:12	41:57	36:26	33:22	30:59	16:05	DC
DD	54:05	26:04	4:07:35	1:59:56	1:29:52	1:23:22	1:20:19	1:05:42	52:09	48:24	42:59	42:44	37:07	33:59	31:34	16:23	DD
E	54:35	26:18	4:09:46	2:01:02	1:30:42	1:24:08	1:21:03	1:06:19	52:37	48:50	43:23	43:07	37:27	34:18	31:51	16:32	E
EA	55:30	26:45	4:13:44	2:03:02	1:32:13	1:25:33	1:22:24	1:07:25	53:30	49:39	44:06	43:50	38:05	34:52	32:23	16:49	EA
EB	56:05	27:01	4:16:16	2:04:19	1:33:11	1:26:26	1:23:16	1:08:07	54:04	50:10	44:34	44:18	38:28	35:14	32:43	17:00	EB
EC	56:45	27:20	4:19:08	2:05:46	1:34:17	1:27:28	1:24:15	1:08:56	54:42	50:46	45:05	44:49	38:55	35:38	33:06	17:12	EC
ED	57:25	27:39	4:22:01	2:07:14	1:35:23	1:28:29	1:25:14	1:09:44	55:20	51:21	45:37	45:20	39:23	36:03	33:29	17:24	ED
EE	57:45	27:49	4:23:27	2:07:57	1:35:56	1:29:00	1:25:44	1:10:08	55:39	51:39	45:53	45:36	39:36	36:15	33:40	17:30	EE
EF	58:25	28:08	4:26:19	2:09:24	1:37:02	1:30:01	1:26:43	1:10:56	56:17	52:14	46:24	46:07	40:03	36:40	34:03	17:42	EF
EG	59:20	28:34	4:30:14	2:11:23	1:38:32	1:31:25	1:28:04	1:12:03	57:10	53:03	47:07	46:50	40:40	37:14	34:35	17:58	EG
EH	59:40	28:43	4:31:40	2:12:07	1:39:05	1:31:55	1:28:33	1:12:27	57:29	53:21	47:23	47:05	40:54	37:27	34:46	18:04	EH
EJ	1:00:25	29:04	4:34:52	2:13:44	1:40:19	1:33:04	1:29:39	1:13:21	58:12	54:01	47:58	47:40	41:24	37:54	35:12	18:18	EJ
EK	1:01:30	29:35	4:39:28	2:16:05	1:42:05	1:34:43	1:31:14	1:14:39	59:14	54:58	48:49	48:31	42:08	38:34	35:49	18:38	EK
EL	1:02:00	29:49	4:41:36	2:17:09	1:42:54	1:35:28	1:31:58	1:15:15	59:42	55:24	49:12	48:54	42:28	38:53	36:06	18:47	EL
F-FC	1:08:00	32:38	5:06:49	2:29:59	1:52:39	1:44:32	1:40:43	1:22:26	1:05:24	1:00:41	53:53	53:33	46:30	42:34	39:32	20:34	F-FC