

**Women Age 20**

Rank	Name	Time	Year
1	Lindsey Koch	0:36:14	2017
2	Carolyn Wollenberger	0:37:26	1986
3	Urio Tumani	0:37:46	1992
4	Nicole Jefferson	0:37:47	1996
5	Karen Plummer	0:37:47	1983
6	Maurie Wood	0:37:49	1988
7	Katie Kerin	0:37:54	1990
8	Mary Powell	0:38:06	1991
9	Donette Schmiedbauer	0:38:21	1984
10	Patty Roberts	0:38:21	1994
11	Kimberly Bugg	0:38:39	1998
12	Carol McMordie	0:38:45	1987
13	Jessica Cirelli	0:38:52	1996
14	Jenna McCaffery	0:39:07	2019
15	Kelly Smith	0:39:08	2002
16	Meredith Fogg	0:39:09	2002
17	Tamara Rudnick	0:39:12	1982
18	April Ann Thomas	0:39:14	2005
19	Melissa Roberts	0:39:15	2013
20	Ann Schaefer	0:39:15	1985

**Men Age 20**

Rank	Name	Time	Year
1	Mark Scrutton	0:29:38	1981
2	Mick Bannister	0:30:37	1983
3	Grahm Williamson	0:30:40	1981
4	Dylan Olchin	0:30:49	2002
5	Jerry Maris	0:31:15	1982
6	Jeff Sanchez	0:31:23	1986
7	Philip Schneider	0:31:50	2013
8	Matt Williams	0:31:53	1982
9	Dennis Leck	0:31:57	1980
10	Greg Burrell	0:32:07	1984
11	Larry Caffey	0:32:14	1984
12	Steve Rich	0:32:16	1997
13	Dave Fagan	0:32:28	1984
14	Chris Jezek	0:32:30	2010
15	Aric Alexander Van Halen	0:32:36	2005
16	Colby Wissel	0:32:36	1983
17	Alan Newton	0:32:38	1988
18	Jon Hume	0:32:38	2007
19	Marshall Dallas Kambestad	0:32:39	1985
20	Steve Cathcart	0:32:40	1982

**Women Age 21**

Rank	Name	Time	Year
1	Karen Dunn	0:35:52	1984
2	Annika Pfitzinger	0:36:29	2014
3	Minori Morita	0:36:52	1998
4	Kinoshita Yumiko	0:36:54	2008
5	Emi Fujimoto	0:37:10	2001
6	Karen Plummer	0:37:19	1984
7	Gwen Young	0:37:34	1990
8	Kathy Mccray	0:37:51	1983
9	Gina Nelson	0:37:51	1984
10	Roxy Hunt	0:38:06	1986
11	Janelle Lincks	0:38:11	2015
12	Melissa Spyers	0:38:11	1988
13	Marguerite Melonic	0:38:15	2003
14	Christiana Grimsley	0:38:17	1990
15	Emma Keenan	0:38:30	2009
16	Suzanne Bryan	0:38:34	1983
17	Jolee Gillespie	0:38:39	2001
18	Svea Edstrom	0:38:52	1983
19	Kristen McGlynn	0:38:52	2010
20	Maren Shepherd	0:39:02	2004

**Men Age 21**

Rank	Name	Time	Year
1	Jesus Solis	0:30:45	2005
2	Mick Bannister	0:30:49	1984
3	Marcelo Laguera	0:31:22	2017
4	Jeff Sanchez	0:31:35	1987
5	Makoto Shiraishi	0:31:36	1999
6	Timothy Mondragon	0:31:42	1983
7	Josh Lilly	0:31:48	2007
8	Ron Carpenter	0:31:55	1984
9	Jon Luff	0:32:02	1989
10	Washington Tenorio	0:32:04	1999
11	Mark Stromberg	0:32:09	1986
12	Joshua Glaab	0:32:11	2004
13	Dan Garcia	0:32:13	1982
14	Adam Rhoads	0:32:14	1982
15	Manuel Miranda	0:32:24	1981
16	Todd Resser	0:32:25	1995
17	Ricardo Kaempfen	0:32:28	2016
18	Steven Stoot	0:32:28	2012
19	Ben Zywicki	0:32:31	2010
20	Rick Hagan	0:32:34	1981

**Women Age 22****Men Age 22**

Rank	Name	Time	Year
1	Mary Shea	0:35:26	1983
2	Gwen Young	0:35:42	1991
3	Sophie Seward	0:35:59	2019
4	Kinoshita Yumiko	0:36:32	2009
5	Robin Wolfe	0:36:36	1983
6	Sarah Piccolo	0:36:40	1998
7	Erin Marston	0:36:44	2008
8	Tara Richardson	0:37:37	2014
9	Grace Morgan	0:37:39	2018
10	Isabelle Kennedy	0:37:40	2019
11	Jayne Sims	0:37:46	1983
12	Misato Tomoeda	0:37:47	2012
13	Jeanni Seymour	0:37:49	2014
14	Emma Keenan	0:37:50	2010
15	Tumaini Urio	0:37:54	1993
16	Daniele Julie Riendeau	0:37:56	2008
17	Ellie Salthouse	0:38:05	2015
18	Martha Grinnell	0:38:05	1989
19	Tammy Rudnick	0:38:09	1984
20	Nicole Hahn	0:38:14	2018

Rank	Name	Time	Year
1	Paul Davies-Hale	0:29:06	1985
2	Brian Medigovich	0:30:14	2010
3	Mark Mesler	0:30:24	1983
4	David Uhrich	0:30:51	1985
5	John Esquibel	0:30:53	1982
6	Hillary Chesire	0:31:14	2014
7	Riley Coates	0:31:15	2015
8	Mohamed Trafet	0:31:16	2007
9	Bob Brennand	0:31:28	1984
10	John Hunsaker	0:31:28	1979
11	Dave Magness	0:31:32	1981
12	Tim Mondragon	0:31:37	1984
13	Orly Waller	0:31:41	1984
14	Mashed Potato	0:31:46	1992
15	Todd Bruckner	0:31:49	1995
16	Todd Wienke	0:31:50	1987
17	Matt Tebo	0:31:52	2011
18	Connor Weaver	0:31:54	2018
19	Joshua Glaab	0:31:56	2005
20	Derek Mitchum	0:31:58	1991

#### Women Age 23

Rank	Name	Time	Year
1	Ellen Hart	0:34:54	1981
2	Junko Akagi	0:34:58	1999
3	AI Sugihara	0:35:27	1999
4	Danielle Korb	0:35:32	2008
5	Gretchen Stermitz	0:35:38	1982
6	Kara Lubieniecki	0:35:46	2012
7	Eliza Alexander	0:35:48	1999
8	Robin Wolfe	0:35:55	1984
9	Cleo Whiting	0:36:14	2018
10	Rieko Shimizu	0:36:16	2006
11	Clarissa Whiting	0:36:18	2018
12	Gwen Young	0:36:30	1992
13	SarahTherese Shepard	0:36:38	2008
14	Emma Keenan	0:36:46	2011
15	Carrie Verdon	0:36:47	2017
16	Rachel Gioscia	0:36:50	2010
17	Susie Bush	0:36:55	2007
18	Megumi Takeuchi	0:37:09	2006
19	Bailey Kowalczyk	0:37:16	2019
20	Sylvia Nordskar	0:37:18	2017

#### Men Age 23

Rank	Name	Time	Year
1	Mark Scrutton	0:28:51	1983
2	Gabriel Kamu	0:29:03	1982
3	Jesus Herrera	0:29:18	1985
4	Gimgon Kigen	0:29:28	1985
5	Zak Carie	0:29:39	1984
6	Simeon Kigen	0:29:43	1984
7	Pat Porter	0:29:46	1982
8	Adrian Leek	0:30:02	1982
9	Luis Barreto	0:30:15	1983
10	David Gordon	0:30:19	1983
11	Josh Eberly	0:30:21	2004
12	Dennis Leck	0:30:22	1985
13	Jeremy Freed	0:30:28	2011
14	Gary Crossan	0:30:45	1982
15	Alexander Monroe	0:31:04	2015
16	Jeff Smith	0:31:06	1985
17	Jerry Maris	0:31:10	1984
18	Ronnie Archuleta	0:31:11	1987
19	Joe Sheely	0:31:12	1982
20	Miguel Tibabuiza	0:31:15	1981

#### Women Age 24

Rank	Name	Time	Year
1	Ellen Hart	0:34:12	1982

#### Men Age 24

Rank	Name	Time	Year
1	Mauricio Gonzales	0:29:16	1985

2	Cleo Whiting	0:34:32	2019
3	Gail Kingman	0:34:37	1985
4	Judi St Hilaire	0:34:45	1984
5	Paige Higgins	0:34:49	2007
6	Marjorie Kaput	0:34:53	1983
7	Letitia Reardon	0:34:53	1985
8	Sarah Crouch	0:35:11	2014
9	Clarissa Whiting	0:35:11	2019
10	Ellie Keyser	0:35:13	2013
11	Janis Klecker	0:35:30	1985
12	Maor Tiyouri	0:35:50	2015
13	Debbie Mueller	0:35:56	1984
14	Kara Lubieniecki	0:35:59	2013
15	Judy McCreery	0:36:00	1983
16	Lucy Cheadle	0:36:05	2017
17	Eliza Alexander	0:36:09	2000
18	Lauri Sax	0:36:16	1983
19	Miho Shibata	0:36:18	2012
20	Katie Mcmenamin	0:36:52	2019

2	Jon Sinclair	0:29:23	1982
3	Mark Anderson	0:30:03	1983
4	Luis Nemer	0:30:20	1984
5	Miguel Tibaouiza	0:30:21	1982
6	Steve Bishop	0:30:23	1984
7	Greg Burrell	0:30:31	1984
8	Casey O'Shea	0:30:31	1998
9	Mark Conover	0:30:37	1984
10	Stan Mavis	0:30:43	1979
11	Chandler Reid	0:30:57	2019
12	William Mcgrath	0:31:02	1982
13	Nicholas Hirsch	0:31:03	2007
14	Riley Coates	0:31:05	2017
15	Ian Butler	0:31:07	2016
16	Martin Weiss	0:31:10	2001
17	Rick Musgrave	0:31:14	1980
18	Gerard Donakowski	0:31:15	1984
19	Ryan Hafer	0:31:16	2010
20	Curtis Begley Jr	0:31:17	2012

Women Age 25			
Rank	Name	Time	Year
1	Freya Murray	0:34:22	2009
2	Brittini Hutton	0:34:32	2015
3	Ellen Hart	0:34:46	1983
4	Lauren Martin	0:34:55	2017
5	Sarah Inglis	0:35:22	2017
6	Mikie Takanaka	0:35:23	2006
7	Elizabeth Weiler	0:35:45	2019
8	Kristen Arendt	0:35:49	2014
9	Eliza Alexander	0:35:56	2001
10	Janice Etle	0:36:05	1984
11	Marjorie Kaput	0:36:08	1984
12	Akane Mutazaki	0:36:09	2011
13	Carrie Verdon	0:36:13	2019
14	Judy McCreery	0:36:21	1984
15	Samantha Diaz	0:36:25	2017
16	Cassie Slade	0:36:28	2009
17	Malika Mejdoub	0:36:36	2007
18	Bevin Kennelly	0:36:40	2009
19	Alexa Rogers	0:36:41	2015
20	Alisha Williams	0:36:43	2007

Men Age 25			
Rank	Name	Time	Year
1	Pat Porter	0:29:20	1985
2	Martin Pitayo	0:29:32	1985
3	Danny Grimes	0:29:42	1984
4	Gabriel Kamau	0:29:46	1983
5	Steve Roch	0:30:03	1989
6	Ric Rojas	0:30:04	1981
7	Jay Hopensenberger	0:30:08	1984
8	Stephen Francis	0:30:12	1983
9	Gary Crossan	0:30:21	1983
10	Jon Sinclair	0:30:22	1981
11	Paul Pilkington	0:30:25	1984
12	Bill Mcgrath	0:30:33	1983
13	Erin Rankin	0:30:42	1983
14	Bob Fink	0:30:47	1982
15	Andrew Wacker	0:30:56	2014
16	Tom Duits	0:30:57	1981
17	Jeremy Freed	0:30:58	2013
18	Aaron Carrizales	0:30:59	2003
19	Kyle Hefner	0:31:06	1981
20	Ian Butler	0:31:07	2017

Women Age 26			
Rank	Name	Time	Year
1	Anne Audain	0:32:38	1982
2	Rosa Mota	0:34:03	1984
3	Ellen Hart	0:34:21	1984

Men Age 26			
Rank	Name	Time	Year
1	Jose Gomez	0:29:19	1982
2	Barry Smith	0:29:33	1982
3	Kirk Pfeffer	0:29:35	1983

4	Tuila Toivonen	0:34:53	1985
5	Molly Grabil	0:34:57	2019
6	Dorothy Rasmussen	0:34:59	1985
7	Kristen Fryburg	0:35:07	2007
8	Cassie Slade	0:35:11	2010
9	Maor Tiyouri	0:35:35	2017
10	Judith Ann McCreery	0:35:43	1985
11	Barbara Moore	0:35:56	1984
12	Bevin Kennelly	0:36:02	2010
13	Maggie Callahan	0:36:04	2015
14	Yoshida Kaori	0:36:05	2008
15	Rachel Gioscia-Ryan	0:36:07	2013
16	Veronica Haskell	0:36:22	1993
17	Faith Byrum	0:36:31	2000
18	Lize Brittin	0:36:31	1993
19	Candas Weise	0:36:44	1983
20	Katie Blackett	0:36:46	2003

4	Enrique Aquino	0:29:54	1982
5	Don Janicki	0:29:59	1984
6	Dick Le Doux	0:30:28	1984
7	Herbert Lindsay	0:30:30	1981
8	Michael Aish	0:30:37	2003
9	Stan Mavis	0:30:37	1981
10	Erin Rankin	0:30:43	1982
11	Danny Grimes	0:30:45	1985
12	Jim Howard	0:30:46	1985
13	Brian Jordon	0:30:50	1984
14	Nelson Laux	0:30:58	2005
15	Joshua Glaab	0:31:01	2009
16	Gary Grossan	0:31:05	1984
17	Brad Erickstno	0:31:07	1985
18	Kyle Masterson	0:31:07	2019
19	Bill Mcgrath	0:31:08	1984
20	Craig Curley	0:31:09	2015

#### Women Age 27

Rank	Name	Time	Year
1	Rosa Mota	0:33:59	1985
2	Hisako Inami	0:35:04	1998
3	Raquel Sanchez	0:36:05	1997
4	Ria Van Landeghem	0:36:10	1985
5	Maggie Callahan	0:36:11	2016
6	Nicole Feest	0:36:18	2011
7	Emma Keenan	0:36:20	2015
8	Faith Byrum	0:36:21	2001
9	Samantha Diaz	0:36:25	2019
10	Natalie Davey	0:36:32	2000
11	Nikole Johns	0:36:47	2002
12	Jeanne Hennessy	0:36:59	2005
13	Rachel Gioscia-Ryan	0:37:11	2014
14	Tara Richardson	0:37:17	2019
15	Dawn King	0:37:21	1991
16	Shannon Payne	0:37:24	2013
17	Debbie Maass	0:37:27	1998
18	Kaye Rehm	0:37:35	1990
19	Hannah Kinseth	0:37:37	2005
20	Sophie Anders	0:37:47	2019

#### Men Age 27

Rank	Name	Time	Year
1	Herb Lindsay	0:29:03	1982
2	Ric Rojas	0:29:43	1979
3	Jose Gomez	0:29:56	1983
4	Stan Mavis	0:30:09	1982
5	Juan Zetina	0:30:16	1984
6	Kennet Kiptoo	0:30:24	2009
7	John Esquibel	0:30:30	1985
8	Martin Froehlich	0:30:38	1985
9	Ian Butler	0:30:56	2019
10	Mark Spillsbury	0:30:57	1982
11	Mark Weeks	0:31:05	1979
12	Erin Rankin	0:31:05	1985
13	Patrick Rizzo	0:31:09	2011
14	Jens Borrmann	0:31:15	2002
15	Carlos Victorino	0:31:19	1982
16	Kelly Mortenson	0:31:24	1998
17	Profiro Huerta	0:31:25	1982
18	Austin Garrett Baillie	0:31:30	2010
19	Nelson Laux	0:31:31	2006
20	Charles Hillig	0:31:32	2013

#### Women Age 28

Rank	Name	Time	Year
1	Natalie Davey	0:34:46	2001
2	Maureen Custy	0:34:53	1984
3	Lorraine Moller	0:35:15	1984
4	Faith Byrum	0:35:24	2002
5	Jackie Gareau	0:35:43	1981

#### Men Age 28

Rank	Name	Time	Year
1	Jose Gomez	0:29:17	1984
2	Paul Cummings	0:29:43	1982
3	Robert Perkins	0:29:51	1984
4	Francisco Rojas	0:29:53	1982
5	Herb Lindsay	0:29:53	1983

6	Nan Kennard	0:35:50	2010
7	Francine Peters	0:36:12	1985
8	Taeko Terauchi	0:36:22	2001
9	Maor Tiyouri	0:36:53	2019
10	Loretta Harrop	0:37:00	2004
11	Amanda Scott	0:37:06	2016
12	Magdalena Donahue	0:37:10	2010
13	Nell Rojas	0:37:18	2016
14	Emma Kenyon	0:37:31	2016
15	Sarah Pizzo	0:37:41	2011
16	Kay Rehm	0:37:41	1991
17	Beth Dillinger	0:37:48	1984
18	Kimberly Vecchio	0:37:49	2004
19	Kelsey Jones	0:37:53	2010
20	Kara Henry	0:37:53	2013

6	Rick Musgrave	0:29:54	1982
7	Jerald Jones	0:29:54	1982
8	Gabriel Kamali	0:30:10	1984
9	Kirk Pfeffer	0:30:13	1985
10	Michael Aish	0:30:29	2005
11	Brandon Johnson	0:30:34	2016
12	Rick Gentry	0:30:57	1984
13	Terry Johnson	0:31:08	1982
14	Rob Welo	0:31:16	1992
15	Porfirio Huerta	0:31:17	1983
16	Pedro Alvarez	0:31:17	1997
17	John Hunsaker	0:31:22	1985
18	Matt Levassiur	0:31:22	2010
19	Craig Hunt	0:31:25	2019
20	Josh Eberly	0:31:27	2009

**Women Age 29**

Rank	Name	Time	Year
1	Yuko Arimori	0:34:48	1996
2	Maureen Custy	0:35:11	1985
3	Lilly Guerra	0:35:23	2002
4	Brandy Lisa Erholtz	0:36:43	2007
5	Brittney Charboneau	0:36:58	2015
6	Carol Smith	0:37:02	2015
7	Sarah Hutchings	0:37:06	2019
8	Emma Kenyon	0:37:12	2017
9	Sarah Pizzo	0:37:20	2012
10	Chelsea Bolton	0:37:26	2019
11	Christy Ann Olsen	0:37:31	2001
12	Catherine Le Rol	0:37:35	1991
13	Cylinda Engelman	0:37:42	1985
14	Neely Gracey	0:37:51	2019
15	Charlene Lazaruk	0:37:52	1990
16	Michelle Leigh Hopkins	0:37:52	2003
17	Shannon Miller	0:37:56	2014
18	Kara Henry	0:37:57	2014
19	Susan Mikecz	0:37:57	2008
20	Kay Rehm	0:38:13	1992

**Men Age 29**

Rank	Name	Time	Year
1	Herb Lindsay	0:29:09	1984
2	Jose De Silva	0:29:36	1985
3	Jose Gomez	0:29:40	1985
4	Joseph Nzau	0:29:44	1982
5	Richard Musgrave	0:30:27	1983
6	Brandon Johnson	0:30:43	2017
7	Josh Eberly	0:30:49	2010
8	Scott Dahlberg	0:30:50	2014
9	Mike Lohman	0:31:01	1982
10	Jan Effers	0:31:06	1985
11	Porfirio Huerta	0:31:07	1984
12	Ron Harmon	0:31:18	1983
13	Rob Walo	0:31:18	1993
14	Ken Hunter	0:31:20	1982
15	Larry Lawson	0:31:21	1983
16	Austin Richmond	0:31:30	2015
17	Bill Aragon	0:31:36	1982
18	John Supsic	0:31:44	2008
19	Matt Lavassiun	0:31:45	2011
20	Keith Solverson	0:31:46	2011