

**Women Age 50**

Rank	Name	Time	Year
1	Ellen Hart	0:38:38	2008
2	Priscilla Welch	0:39:09	1995
3	Marilyn Stapleton	0:42:10	1997
4	Kris Leader	0:42:15	2016
5	Susan Nuzum	0:42:24	2017
6	Catriona Dowling	0:42:26	2008
7	Laura Bruess	0:42:40	2011
8	Sandra Lee Simmons	0:43:19	2007
9	Leslie Hoffmann	0:43:22	2016
10	Gail Hunter	0:44:02	1994
11	Valerie Eipper	0:44:02	2010
12	Lesia Atkinson	0:44:08	2016
13	Pam Boudreau	0:44:13	2006
14	Jan Hughes	0:44:14	2001
15	Kathleen Phair	0:44:20	2010
16	Judy Moir	0:44:33	1992
17	Randi Mitchem	0:44:35	2014
18	Martha Buttner	0:44:38	2006
19	Shannon Teslow	0:44:39	2015
20	Wendy Crandall	0:44:40	2002

**Men Age 50**

Rank	Name	Time	Year
1	Bob Weiner	0:33:59	2015
2	John Weatherley	0:35:15	1989
3	Jim Reynolds	0:35:57	1999
4	Wayne Chick	0:36:05	2003
5	Verne Carlson	0:36:05	1983
6	Wil King	0:36:08	1981
7	Dave Dooley	0:36:11	1997
8	Trevor Ruwitch	0:36:37	2007
9	Tim Dolen	0:36:39	2007
10	Roger Bryan	0:36:42	1986
11	Keith Donkin	0:36:52	2007
12	Joseph Beal	0:36:58	1992
13	Peter Tel	0:37:03	2014
14	Stann Vernon	0:37:07	2006
15	Scott Tucker	0:37:08	2012
16	Paul Giannobile	0:37:12	2010
17	Kevin Konczak	0:37:15	2019
18	Tom Norris	0:37:16	2016
19	Darren De Reuck	0:37:17	2015
20	Ted Benning	0:37:21	2010

**Women Age 51**

Rank	Name	Time	Year
1	Colleen De Reuck	0:37:56	2015
2	Priscilla Welch	0:39:17	1996
3	Ellen Hart	0:39:53	2009
4	Marilyn Stapleton	0:40:40	1998
5	Jacqueline Gareau	0:40:48	2004
6	Mary Alico	0:40:49	2014
7	Lin Lascelles	0:41:10	2015
8	Laura Bruess	0:41:57	2012
9	Heidy Lozano	0:42:06	2014
10	Edie Stevenson	0:42:12	2001
11	Bridget Carlson	0:42:28	2012
12	Peggy K Muhn	0:43:01	2003
13	Quentin Dahm	0:43:10	1992
14	Catriona Dowling	0:43:45	2009
15	Delcia Litt	0:43:47	2010
16	Lesia Atkinson	0:43:48	2017
17	Pam Boudreau	0:43:56	2007
18	Suzie Houston Steel	0:43:59	2011
19	Diane Palmason	0:44:04	1989
20	Martha Buttner	0:44:11	2007

**Men Age 51**

Rank	Name	Time	Year
1	Doug Bell	0:33:59	2002
2	Larry Ingram	0:35:19	1996
3	Pete Ybarra	0:35:24	1991
4	Dave Dooley	0:35:26	1998
5	Andy Ames	0:35:48	2014
6	Greg Diamond	0:35:53	2008
7	Verne Carlson	0:36:04	1984
8	Graeme Paterson	0:36:13	2002
9	Christian Cushing-Murray	0:36:15	2019
10	Robert Greene	0:36:17	1986
11	Pablo Vigil	0:36:27	2003
12	Dan King	0:36:36	2011
13	John Probst	0:36:42	2019
14	Rick Katz	0:36:55	2000
15	Raul Carrizalez	0:36:58	2012
16	Jerry Rief	0:37:13	2016
17	Peter Tel	0:37:18	2015
18	Bill Smitham	0:37:24	1995
19	Jim Reynolds	0:37:33	2000
20	Timothy Jones	0:37:38	2012

**Women Age 52****Men Age 52**

Rank	Name	Time	Year
1	Ellen Hart	0:40:44	2010
2	Elizabeth Sue Morris	0:40:47	2001
3	Mary Alico	0:41:25	2015
4	Lin Lascelles	0:42:03	2016
5	Edie Stevenson	0:42:13	2002
6	Shannon Teslow	0:42:38	2017
7	Laura Bruess	0:42:50	2013
8	Peggy Muhn	0:43:33	2004
9	Janet Healy	0:43:41	2014
10	Colleen Burns	0:44:08	2002
11	Lisa Hoffmann	0:44:18	2018
12	Cora Randall	0:44:30	2012
13	Korinne Jew	0:44:53	2019
14	Randi Mitchem	0:44:56	2016
15	Murray Greer	0:44:59	2013
16	Mary Lee Withers	0:45:09	1995
17	Carolyn Mather	0:45:33	2001
18	Pam Boudreau	0:45:33	2008
19	Katie Hegg	0:45:35	2015
20	Jan Hughes	0:45:37	2003

Rank	Name	Time	Year
1	Doug Bell	0:35:07	2003
2	Peter Fleming	0:35:12	2013
3	Pete Ybarra	0:35:35	1992
4	Andy Ames	0:35:47	2015
5	Dave Dooley	0:35:59	1999
6	Larry Ingram	0:36:05	1997
7	Pablo Vigil	0:36:28	2004
8	Greg Diamond	0:36:38	2009
9	Dan King	0:36:58	2012
10	Jerry Rief	0:37:08	2017
11	Raul Carrizalez	0:37:20	2013
12	Bill Smitham	0:37:20	1996
13	Tim Jones	0:37:21	2013
14	Tom Sturak	0:37:36	1984
15	Andrew Bodley	0:37:49	2019
16	Rick Katz	0:37:51	2001
17	Daniel Greer	0:38:02	2012
18	Oliver Knowlton	0:38:06	2010
19	Tom S. Groves	0:38:09	2001
20	Jim Reynolds	0:38:11	2001

#### Women Age 53

Rank	Name	Time	Year
1	Mary Alico	0:40:47	2016
2	Edie Stevenson	0:41:43	2003
3	Laura Bruess	0:41:47	2014
4	Lin Lascelles	0:41:51	2017
5	Delicia Litt	0:42:11	2012
6	Sara Freitas	0:42:38	2011
7	Shannon Teslow	0:43:04	2018
8	Kris Leader	0:43:27	2019
9	Mary Lee Withers	0:43:29	1996
10	Terri Cassel	0:43:42	2015
11	Marilyn Stapleton	0:44:08	2000
12	Patti Galleher	0:44:16	2011
13	Peggy Muhn	0:44:18	2005
14	Judy Chamberlin	0:44:21	2012
15	Jan Hughes	0:44:21	2004
16	Dlane Palmason	0:44:31	1991
17	Pam Boudreau	0:44:37	2009
18	Leslie Hoffman	0:44:41	2019
19	Karen Jones	0:44:58	2015
20	Susan Noe	0:45:13	2008

#### Men Age 53

Rank	Name	Time	Year
1	Peter Fleming	0:35:03	2014
2	Bob Weiner	0:35:31	2018
3	Pete Ybarra	0:35:39	1993
4	Doug Bell	0:35:51	2004
5	David Litoff	0:36:13	2014
6	Dave Dooley	0:36:22	2000
7	Larry Ingram	0:36:28	1998
8	Rafael Pacheco	0:36:39	2019
9	Benji Durden	0:36:46	2005
10	Raul Carrizalez	0:36:53	2014
11	Pablo Vigil	0:36:54	2005
12	Jim Reynolds	0:37:12	2002
13	Robert Mcandrews	0:37:22	1993
14	Dan King	0:37:25	2013
15	Simon Martin	0:37:35	2006
16	Tom Groves	0:37:50	2002
17	Mark Wayne Bell	0:37:50	2010
18	Jerry Rief	0:37:57	2018
19	Daniel Greer	0:37:59	2013
20	Peter Tel	0:37:59	2017

#### Women Age 54

Rank	Name	Time	Year
1	Ellen Hart	0:39:11	2012

#### Men Age 54

Rank	Name	Time	Year
1	Doug Bell	0:35:13	2005

2	Colleen De Reuck	0:40:40	2018
3	Patti Galleher	0:41:42	2012
4	Laura Bruess	0:42:45	2015
5	Terri Cassel	0:43:20	2016
6	Carolyn Mather	0:43:25	2003
7	Peggy Muhn	0:44:09	2006
8	Edie Stevenson	0:44:16	2004
9	Lin Lascelles	0:44:39	2018
10	Diane Palmason	0:44:52	1992
11	Judy Chamberlin	0:45:00	2013
12	Connie DeMercurio	0:45:01	2011
13	Jan Hughes	0:45:06	2005
14	Carolyn Woodbury	0:45:18	1991
15	Sue Butcher	0:45:22	2007
16	Pam Boudreau	0:45:23	2010
17	Stephanie Scholl	0:45:41	2017
18	Karen Jones	0:45:50	2016
19	Delicia Litt	0:46:00	2013
20	Cora Randall	0:46:06	2014

2	David Litoff	0:36:03	2015
3	Dan King	0:36:03	2014
4	Dave Dooley	0:36:42	2001
5	Raul Carrizalez	0:36:43	2015
6	Larry Ingram	0:36:56	1999
7	John Victoria	0:37:00	2008
8	Jerry Rief	0:37:34	2019
9	Kevin Deighan	0:37:40	2013
10	Ronald Davis	0:37:47	2000
11	Heath Hibbard	0:38:01	2007
12	Ken Jagmin	0:38:02	2000
13	Pablo Vigil	0:38:06	2006
14	Gordan Macfarland	0:38:10	2002
15	Greg Diamond	0:38:15	2011
16	James Boughter	0:38:17	1998
17	Peter Tel	0:38:20	2018
18	Jay Survil	0:38:21	2013
19	David Minter	0:38:28	2015
20	Hal Westberg	0:38:31	1995

Women Age 55			
Rank	Name	Time	Year
1	Laura Bruess	0:40:39	2016
2	Nina Caron	0:41:32	2015
3	Ellen Hart	0:42:11	2013
4	Patti Galleher	0:42:17	2013
5	Delicia Litt	0:42:27	2014
6	Terri Cassel	0:42:55	2017
7	Edie Stevenson	0:42:58	2005
8	Lin Lascelles	0:43:36	2019
9	Peggy Muhn	0:43:54	2007
10	Heidy Lozano	0:44:18	2018
11	Stephanie Scholl	0:44:58	2018
12	Judy Chamberlin	0:45:00	2014
13	Diane Palmason	0:45:02	1993
14	Jan Hughes	0:45:14	2006
15	Jan Daker	0:45:29	2003
16	Catriona Dowling	0:45:36	2013
17	Connie DeMercurio	0:46:02	2012
18	Sue Butcher	0:46:02	2008
19	Kate Schulte	0:46:12	2018
20	Bogie Bogner	0:46:50	2003

Men Age 55			
Rank	Name	Time	Year
1	Dave Dooley	0:36:36	2002
2	Dan King	0:36:37	2015
3	Ronald Davis	0:37:08	2001
4	Richard LeDoux	0:37:30	2012
5	Greg Diamond	0:37:31	2012
6	Wayne Chick	0:37:35	2008
7	John Victoria	0:38:00	2009
8	Heath Hibbard	0:38:14	2008
9	Craig Person	0:38:20	2019
10	Ken Randall	0:38:25	1993
11	Peter Tel	0:38:30	2019
12	Daniel Greer	0:38:31	2015
13	Rick Katz	0:38:34	2004
14	Rich Romero	0:38:47	1992
15	Ken Jagmin	0:38:47	2001
16	Raul Carrizalez	0:38:43	2016
17	Jay Survil	0:38:51	2014
18	Pablo Vigil	0:38:57	2007
19	Steve Carlson	0:38:58	2010
20	Scott McCreynolds	0:38:59	1983

Women Age 56			
Rank	Name	Time	Year
1	Delcia Litt	0:40:57	2015
2	Patti Galleher	0:42:07	2014
3	Laura Bruess	0:42:42	2017

Men Age 56			
Rank	Name	Time	Year
1	Peter Fleming	0:35:53	2017
2	Dave Dooley	0:37:01	2003
3	Raul Carrizalez	0:37:49	2017

4	Terri Cassel	0:43:42	2018
5	Ellen Hart	0:43:51	2014
6	Edie Stevenson	0:43:57	2006
7	Diane Palmason	0:44:06	1994
8	Wen-Shi Yu	0:45:38	1991
9	Diane Ridgway	0:45:47	2005
10	Karen Jones	0:45:59	2018
11	Linda Peters	0:46:01	2005
12	Catriona Dowling	0:46:35	2014
13	Judy Chamberlin	0:46:51	2015
14	Deb Cunningham	0:46:57	2018
15	Anne Campbell	0:47:13	2013
16	Bogie Bogner	0:47:26	2004
17	Carrie Mullarkey-Baird	0:47:48	2018
18	Pam Boudreau	0:48:01	2012
19	Sue Butcher	0:48:14	2009
20	Pamela Campbell	0:48:17	2015

4	Kyle Hubbart	0:37:50	2013
5	Charlie Gray	0:37:50	2010
6	Kevin Pfefferle	0:38:24	2014
7	Wayne Chick	0:38:45	2009
8	Ken Jagmin	0:38:48	2002
9	Robert McAndrews	0:38:48	1996
10	Jim Reynolds	0:39:01	2005
11	Clifford Adcock	0:39:06	1986
12	Jay Survil	0:39:06	2015
13	Greg Diamond	0:39:13	2013
14	Rick Katz	0:39:14	2005
15	Bill Rodgers	0:39:24	2004
16	Jerry Graham	0:39:31	1999
17	Lynn Dougherty	0:39:39	2002
18	Ernie Black	0:39:40	1988
19	Don Larson	0:39:41	1997
20	Bill Trine	0:39:48	1990

#### Women Age 57

Rank	Name	Time	Year
1	Terri Cassel	0:43:51	2019
2	Patti Galleher	0:44:09	2015
3	Marilyn Stapleton	0:44:15	2004
4	Edie Stevenson	0:44:22	2007
5	Ellen Hart	0:44:26	2015
6	Judy Chamberlin	0:45:16	2016
7	Deb Cunningham	0:45:55	2019
8	Laurie Rugenstein	0:46:02	2005
9	Lila Seal	0:46:25	2017
10	Carrie Mullarkey-Bard	0:46:29	2019
11	Laurie Brockway	0:46:33	2019
12	Bogie Bogner	0:46:39	2005
13	Ann Campbell	0:46:44	2014
14	Sharon Kolarik	0:46:52	2016
15	Catriona Dowling	0:47:05	2015
16	Karen Jones	0:47:08	2019
17	Jan Hughes	0:47:26	2008
18	Sheri Nemeth	0:47:28	2015
19	Diane Ridgway	0:47:50	2006
20	Jeanne Caldwell	0:47:52	2008

#### Men Age 57

Rank	Name	Time	Year
1	Doug Bell	0:35:37	2008
2	Peter Fleming	0:36:24	2018
3	Dave Dooley	0:37:13	2004
4	Dan King	0:37:49	2017
5	Kyle Hubbart	0:37:50	2014
6	Jim Goertz	0:38:03	1993
7	James Boughter	0:38:14	2001
8	Brad Derthick	0:38:16	2018
9	Raul Carrizalez	0:38:26	2018
10	Rick Katz	0:38:43	2006
11	Greg Diamond	0:38:45	2014
12	Kevin Berg	0:39:13	2014
13	John Goodloe	0:39:50	2019
14	Paul Hughes	0:39:51	2015
15	Jay Survil	0:39:55	2016
16	Rick Bruess	0:40:10	2016
17	Bill Smitham	0:40:26	2001
18	Bob Cooper	0:40:29	2005
19	Don Larson	0:40:31	1998
20	Kenneth Jagmin	0:40:42	2003

#### Women Age 58

Rank	Name	Time	Year
1	Nancy Smalley	0:37:20	1985
2	Laura Bruess	0:43:28	2019
3	Judy Chamberlin	0:44:41	2017
4	Cora Randall	0:45:15	2018
5	Lila Seal	0:45:27	2018

#### Men Age 58

Rank	Name	Time	Year
1	Doug Bell	0:36:43	2009
2	Raul Carrizalez	0:37:03	2019
3	Dave Dooley	0:37:22	2005
4	David Litoff	0:38:20	2019
5	Kyle Hubbart	0:38:23	2015

6	Diane Palmason	0:46:31	1996
7	Suzie Steel	0:47:03	2018
8	Barbara Naeser	0:47:10	1999
9	Jan Hughes	0:47:12	2009
10	Delcia Litt	0:47:18	2017
11	Susan Schulte	0:47:24	2014
12	Catriona Dowling	0:47:30	2016
13	Vicki Hunter	0:47:53	2019
14	Kathy Kirsling	0:47:55	2007
15	Pam Boudreau	0:48:14	2014
16	Helen McQueeney	0:48:22	2010
17	Ann Campbell	0:48:29	2015
18	Libby James	0:48:36	1995
19	Gail Hunter	0:48:43	2002
20	Juciene Azevedo-Wilk	0:48:44	2018

6	Roger Sayre	0:38:31	2016
7	Dan Spale	0:38:33	2014
8	Dan King	0:38:37	2018
9	Ronn Baker	0:39:05	1998
10	Verne Carlsen	0:39:13	1991
11	Kevin Pfefferle	0:39:17	2016
12	Paul Hughes	0:39:33	2016
13	Wayne Chick	0:39:44	2011
14	Simon Martin	0:39:47	2011
15	Philip Mann	0:39:52	1996
16	Mike Evans	0:39:58	2012
17	Don Larson	0:40:00	1999
18	Jay Survil	0:40:18	2017
19	Bob Cooper	0:40:27	2006
20	Kevin Berg	0:40:29	2015

#### Women Age 59

Rank	Name	Time	Year
1	Cora Randall	0:44:14	2019
2	Ellen Hart	0:45:07	2017
3	Edie Stevenson	0:45:24	2009
4	Lila Seal	0:46:09	2019
5	Judy Chamberlin	0:46:10	2018
6	Kathy Kirsling	0:47:00	2008
7	Laurie Rugenstein	0:47:03	2007
8	Cat Trujillo	0:47:16	1995
9	Tina Albert	0:47:30	2010
10	Jan Hughes	0:47:56	2010
11	Susan Shculte	0:48:15	2015
12	Carey Sanchez	0:48:42	2015
13	Amy Lease	0:48:47	2013
14	Mary Withers	0:48:50	2003
15	Andrea Bell	0:48:53	2012
16	Lola Ackerman	0:48:54	2004
17	Libby James	0:49:15	1996
18	Myra Rhodes	0:49:22	1992
19	Ann Campbell	0:49:56	2016
20	Sue Butcher	0:50:02	2012

#### Men Age 59

Rank	Name	Time	Year
1	Doug Bell	0:36:26	2010
2	Dan Spale	0:37:45	2015
3	Dan King	0:38:08	2019
4	Dave Dooley	0:38:10	2006
5	Roger Sayre	0:38:37	2017
6	Kyle Hubbart	0:38:50	2016
7	Richard LeDoux	0:39:18	2016
8	Ronn Baker	0:39:52	1999
9	Rick Katz	0:39:58	2008
10	Liam Ryan	0:40:07	1999
11	Verne Carlson	0:40:10	1992
12	Liam Ryan	0:40:49	1998
13	Danny Spoons	0:40:58	2010
14	Bob Cooper	0:41:01	2007
15	Corey Wong	0:41:06	2015
16	Kevin Berg	0:41:08	2016
17	Rick Bruess	0:41:08	2019
18	Norman Cessna	0:41:17	1986
19	Ernie Black	0:41:18	1991
20	Don Larson	0:41:22	2000